



SERAZINE #3! FALL 2015 Witches, Brews, and Things That Scare You!

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ZINE COVER ART = Submissions from UFO Movie Night LETTERING by SERAPHINE

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YES, I AM A WITCH

by Stacey MacLeod of Dear Darkness

"Hey, are yew a weetch?"

A mangy teen tapped my shoulder. It was 1993. He saw the back of my Lollapolooza T-shirt, as we walked down the hallway at my high school in Columbia, Tennessee. Names of bands were screen-printed on my back, Ministry, Ice Cube, Soundgarden, The Jesus and Mary Chain, Pearl Jam, Lush.

"What's the Jesus and Mary Chain? Are yew a Satanist?" My ankh earrings sparkled as I turned away.

I attended a midnight mass on Sunday nights. My priest was a British man named Dave Kendall. He wore a black leather jacket and had spikey, jet black hair.

To prepare for the mass, I would retire shortly after eating a simple dinner of white rice and butter. (When I became a vegetarian, my mother refused to prepare or buy me any "special foods.") I ate my kind meal and set my alarm for the stroke of midnight.

I couldn't wait to see my idols and feed from their songs. Every Sunday night, at midnight, on MTV, was 120 Minutes, two hours of "alternative" music videos, hosted by Dave Kendall. He played day-glo videos by my favorite band, The Cure. He played videos starring people with red lips and paisley shirts, leather pants and stringy hair, silver boots and pouts, by the B52s, Sonic Youth, Depeche Mode, and REM.

I observed. I thought to myself, "It looks like it feels good to play guitar." I found peace and inspiration at the televised church of underground music. In worship, I wrote the band names on my jeans. If I felt like an outsider and sad at school, I could stare at these ink designs for strength.

Most people in my small town, Columbia, Tennessee," The Mule Capital of the World," belonged to the Church of Christ. That church believes their praise to God should be without instrumental accompaniment. I was raised "a loose Catholic" and the one time I visited the Church of Christ, I yearned to hear the tremendous sound of the golden, pipe organ. Music, and the lack, of is bound to faith and identity.

Religion was the definer in the town. My high school teachers knew who belonged to what church and who to favor. I was a thinking girl and/but I wanted to have faith in a God. I wanted to fit in—at least before I knew better.

So, I almost became a Mormon. They had the best dance parties.

Once a month, my Mormon friends invited me to their fellowship gymnasiums to dance in the dark, on glossy courts. I had to sit through their prayers to a God who was a stranger to me, but the discomfort became worth it, when "Groove Is In The Heart" started to play. We danced for hours.

The Mormon kids and I were pagans.

We wore trench coats, too worn, too long. (My mom betrayed me and hemmed my coat, when I was out one day.) We dyed our hair unnatural colors, mine, Nice N Easy Blue Black. My friends studied The Book of Mormon and I flipped through Spin Magazine. But together we, we worshiped The Smiths and The Violent Femmes, and we danced until we were exhausted and out of breath, and sang our oath, "I couldn't dance with another!"

The music echoed in the daylight. I met with some "sisters" from the church, in secret and without my parents' permission, to learn about The Book of Mormon. God damn it! I loved their dance parties!

Eventually, I discovered the sexism in the Mormon religion made me uncomfortable. The meetings stopped and I graduated high school. I was not sad to move on and move away from Columbia.

In college, I found my true religion, a way to connect with people in love and peace. I began to see the light when I bought my first guitar for \$100 used. It sat on a stand, in the middle of the store, like Merlin's sword shining in the stone—sacred and calling.

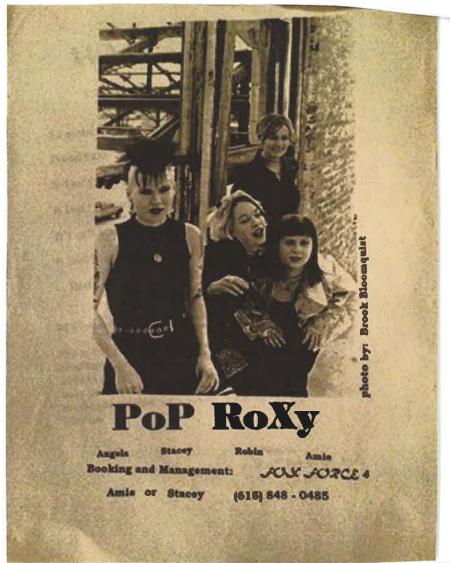
I heard God in a Built To Spill song, one southern evening, when I drove and the sun set.

One Friday night, I met some wise-cracking girls who were playing pool in the dorm and we started a band. We were called Drain for a little while, but changed our name to Pop Roxy. I played my guitar and sang. It did

feel good. The words to our first song were, "You don't know me. You can't see me. I'm a mutant." We confessed our sins.

We played our music in front of a crowd. I kept my eyes lowered and felt gone. I fell out in the spirit of rock 'n' roll. I shook with my congregation and meditated on our trueness, openness, and togetherness—smiles, sweat, beers, and cigarettes—a Dionysian frenzy.

I turned back to face the boy and boldly spoke. "Yes, I am a witch. I cast spells with my bellow and I fly through the night on my guitar. I sing my own incantations and I can raise the dead on the dance floor."



There Is A Bit Of Sun In The Core Of The Earth

What does it mean [to me] for magic to pass [from them]

through a tree
[or limbs] of bodies
that looked up
when they lived
but could not [see or]
hear the sun?

The seer says ignore the sky. It's in the dirt [as above] where their bodies beat against the birth of the earth [so below] Reaching so high is much trouble [she says] when so much is under our mulch.

But I Cannot See It So I Try To Listen

Youn Pussy 75 A FOREST TO A FO

our vaginas are little ecosystems. Good bacteria and a slightly Acidic PH defend us against yeast and bacterial overgrowth

EFFECTIVE AND EMPOWERING HOME REMEDIES FOR:



occurring in the seawater and plants and found in large quantities in volcanic regions of the earth. It has many medicinal and household uses. Boric acid is a weak acid that can help return your PH to a healthy level. It is naturally



BORIC

Start Start

purchased at rite aid, and online) and empty large 00 sized gel caps. Fill the gel caps with powder. Use one or two a day (at bedtime) until you feel relief. To make your own suppositories: Purchase a bottle of Boric Acid Powder (can be You may want to follow this treatment with probiotics.

Pobiotics/Yogurt



Soak a tampon in yogurt (NO ADDED SUGAR! Use plain, unsweetened) and insert into your vagina. Probiotic pills can actually be used as suppositories as well. I've used "femdopholis" with success. Femdopholis is specifically formulated for vaginal flora and can be purchased at Whole Foods.



This is no joke! This remedy is amazing, but you and your vagina will definitely have garlie breath... so be forewarned. Obviously, the relief is worth it. Simply remove the dried tissue from a clove of garlie, cut off the rooty end, make some small slits into the clove with a knife, and insert into your vagina. Do this at night, while you sleep... repeat until relief is achieved.

Hydrogen Peroxide Douche

If you have a case of bacterial vaginosis, this can kick start your recovery, big time, it can also kill good bacteria and cells, so I don't recommend this remedy for use with a yeast infection. Be careful with this remedy. Douches can do more harm than good if they are used too frequently.

Simply mix a douche solution of 1 part water to 1 part hydrogen peroxide.



GOLDENROD TINCTURE AND VINEGAR

-information on goldenrod . . . facts and folklore-

by Alyssa Jones

Goldenrod is technically an herb. It has a variety of uses: cure-all, dye, good luck charm, tea, etc.

Healing properties:

Goldenrod has been used to treat inflammation and urinary tract infections around the world. Native Americans boiled the leaves and used them externally as an antiseptic for healing wounds and relief from arthritis, eczema, and many other skin conditions, and internally to treat ulcers and problems with the lungs and kidneys. Some tribes referred to it as Sun Medicine. It can be used as a salve for bee stings and there's no better herb for staunching the flow of blood from a wound.

Folklore:

People once used goldenrod to find water, believing it grew near hidden springs (and it definitely grows around the springs on our property). When you see the first blooms, expect a frost in six weeks. Symbol of good fortune and unexpected luck.

To make tea:

Boil one or two handfuls of dry crushed leaves and flowers in a quart of water for 30 min. Can be used hot with honey to counter allergies, fevers, sore throat, cough, cold, and flu. Use cold to relieve colic in babies.

Goldenrod Vinegar:

Chop coarsely and fill a jar with flowers, leaves, stalks (and roots if possible) then fill to the top with room temp pasteurized apple cider vinegar. Cap it tightly with a plastic lid. Let sit for six weeks. Use to improve mineral balance, prevent kidney stones, and aid immune system.

Goldenrod Tincture:

Chop coarsely and fill a jar with flowers, leaves and stalks (and roots if possible). Add 100 proof vodka, filling jar to very top. Cap tightly. Let sit for six weeks. Use by dropper. Anti-inflammatory, a sweat-inducing cold cure, and an astringent digestive aid. Medical herbalists use large doses (up to 4 dropperfuls at a time) several times daily to treat kidney and prostate problems.



BAJOS - A DIY to a Happy Youi (by Corinne Denomme)

Deep sigh of relief, dear friends: A highly anticipated new home remedy for those pesky ailments us uterus-havers have to deal with on a regular basis has finally arrived! To be honest, that's a bit phony. This delicate treatment I'm about to unleash on you has been practiced for eons in many indigenous cultures of the world and, like a million other incredible rituals and things, has been lost on most Westerners.

Most commonly practiced by Mayan healers to this day, vaginal steam baths (bajos, in Spanish) are used in regards to general health for our reproductive organs. These steam baths can be beneficial for issues ranging from infertility to after birth, menstruation to menopause. Specifically speaking, people who regularly experience extreme period symptoms have tried just about everything to help alleviate the distress. Some of us even go as far as seeking medical help from specialists. Ideally, our flow shouldn't be so troublesome. Have you ever had old dark blood at any point in your menstrual cycle? This old blood didn't get the shedding memo from your previous period (or even years prior!), and could be a good indicator that it's the culprit in your discomfort if you've been cleared of other worries. Amazingly, bajos can help knock out a lot of these pain-in-the-yoni complaints with just a few super easy and relaxing DIY steps!

The way it works is simple. Volatile oils from herbs are diffused through steam and absorbed via vaginal tissues, cleansing the membranes and uterus of the old blood and other "debris". Accompany this new practice with your usual tender lovin' care routine and you're on your way to a delighted little honey pot. As a testament to its improvement within my own vulva, I owe a huge helping hand to this steam bath ritual. And it is a ritual so treat it with utmost love and respect. Send gratitude to those healers and midwives for passing down their intelligent and gentle traditions so that you can now help heal your most sensitive organs.

THE RITUAL: Set up your Red Tent. Find a wicker chair or any seating with enough airflow through the seat. Some folk may simply rest the pot of herbs directly inside the toilet chamber, however a designated portable chair with the seat removed would be of ideal comfort. Next, prepare your herbs - oregano, calendula, St. John's wort, rosemary, burdock leaves, motherwort, chamomile, plantain, lavender, thyme, to name a few. You can use these herbs solo or any combined (please do research for your specific needs!), with the ratio of one ounce dry herbs or a handful of freshly picked to two quarts water. Essential oils are far too concentrated and are absolutely not recommended. While you simmer your magical herbal concoction in a pot for 10 minutes and let steep for five, gather a few heavy blankets preferably of natural fibers. These will be used to curtain the chair so the steam has only one direction to escape -up- and to wrap your whole body in a warm, snug cocoon. Arrange candles, incense, and music if you'd like. Carefully position the steaming pot under your make-shift seat, rest your cute bare cheeks above, and fully wrap yourself in a blanket burrito eliminating all drafts possible. Meditate. Chant and sing. Do nothing! Whatever tickles your ovaries and comes organically for healing intent - for a minimum of 20 minutes or until the steam runs out. Really breathe that good healing medicine in through your vagina and pamper it up! When it's all done gracefully float over to your bed for an hour's nap or a night's sleep,

afterward making certain to return the used herbs back to Earth for a full ritual completion.

For menstrual symptoms, you can repeat this healing practice 2-3 times in the week before mensturating and continue throughout the months until fresh pink blood becomes your body's new norm. Otherwise, use any time you feel like offering yourself some good home preventive care. Feel at ease when mucky dark blood is released at the onset of a period because this is the waste you want removed. Again, please remember that different herbs give different healing properties. It is always important to fully research for your specific ailment.

BEFORE YOU GET STARTED: This treatment is not recommended for people currently menstruating, using IUDs, if you are pregnant, have vaginal infections or open sores. Just as well, you may want to remove any piercings so the steam doesn't cause them to burn you and obviously discontinue use if any irritations or abnormalities occur. The key is to listen to your body. Your perfect, sexy, mystery of a body.

Happy yoni healing!



FEMINIST COMICS - WITCHES

For this "Witch" themed issue of the Seraphine Collective zine, I found two very different comics about witches. One is one of my favorite comics, Skim, by Mariko Tamaki and Jillian Tamaki, about a teenage girl coming into her own, who identifies as a Witch. The other comic is a short, more funny comic called Growing Up Haunted by Corinne Mucha, which appeared in Papercutter Issue 8, about the author's childhood memory of a fear of witches living in an invisible castle on the other side of her closet.



From Growing up Haunted

Corinne Mucha 2008

Growing up Haunted is pretty funny and awkward, typical of Corinne Mucha's work. It's somewhat hard to find a lot of Mucha's published work, because so much of it is self published or appears in compilations. More recently, she has published graphic novels, such as Get Over It! and Freshman, both of which are available at the Ypsi library, but I really love her shorter works, such as Shithole, about her living situation with a bunch of other people in a falling apart house, and My Every Single Thought, a collection of short comics about being single. Growing Up Haunted follows Mucha's style of being silly, funny, sentimental, simply drawn, and very imaginative. Like Mucha's other stories, it's less one continuous narrative and more many short comics telling the story. Over the course of the story, Mucha goes into detail about how to protect yourself from the witches (don't hang your feet over the bed, sleep with your cat in the bed), how she eventually stops worrying (the witches move to Hawaii), and what she thinks it all means!

Skim is a much heavier, deeper comic. Very emotional, very atmospheric. Many scenes leave you breathless and you can feel the cold autumn wind in many of Jillian's drawings. The story opens with Kim (Skim) and her friend Lisa walking through an autumn scene and quickly after we find that at Kim's school, one of the popular girl's ex boyfriend has committed suicide as rumors of his sexuality swirl.

FEMINIST COMICS - WITCHES

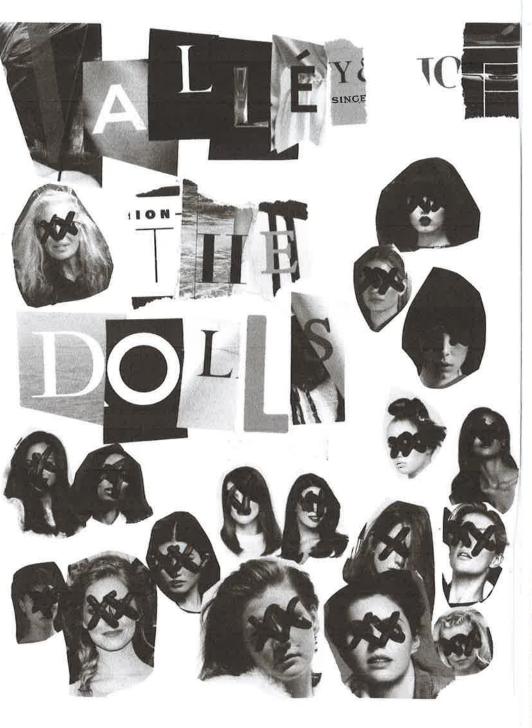


From Skim

Mariko Tamaki, Jillian Tamaki 2008

Sense of belonging, growing up, Wicca, female friendship, forbidden loves, cliques, school, depression, changing friendships, body image, peer pressure, all combine to create an incredible story. I believe that what helps weave all those ideas together is Mariko's extremely realistic, journal style narration in Kim's voice, and Jillian's black, white and grey, wispy renderings, with so much detail paid to small details and facial expressions. Def check this teen comic gem written in a time when the independent comics movement was just starting to reach into comics written for teens. Most public libraries have this comic. Skim won the Ignatz Award for Outstanding Graphic Novel in 2008, but the Tamakis are best known for their 2014 comic, This One Summer, winner of the 2014 Ignatz Award for Outstanding comic, and nominated for the Caldecott Medal and the Printz Award in the same year.

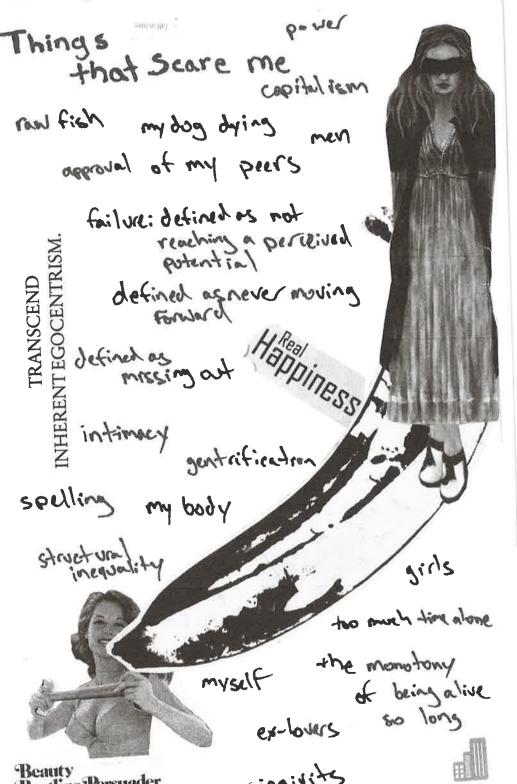
Ben 2015













Bustline Persuader

gingivits

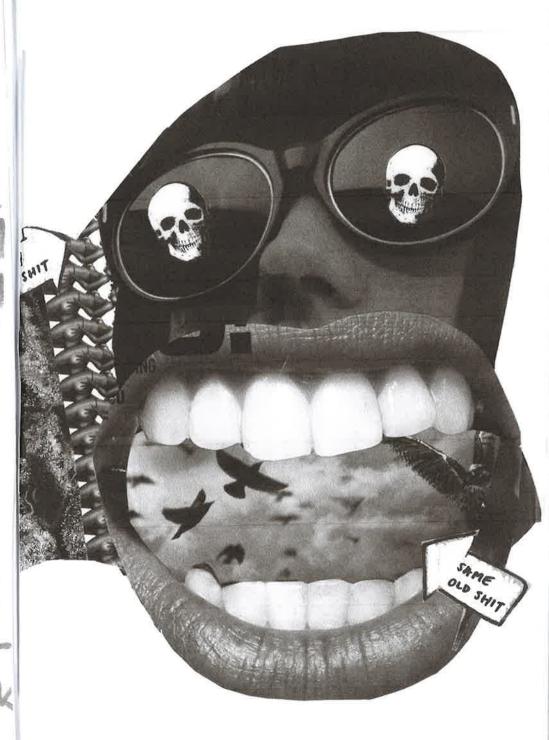


SCOND 15 NAREN





ONCE; I had the scariest motherfucking dream in which Benjamin Franklin + Nick: Minaj faced off in laduel on a chinchilla or - Form + NICKI LOST + F LI woke up just like FUCK I_ THAT Nick: Miroj would I beat any one of our Founding! 4 Fothers ANY DAY OF THE WEEK



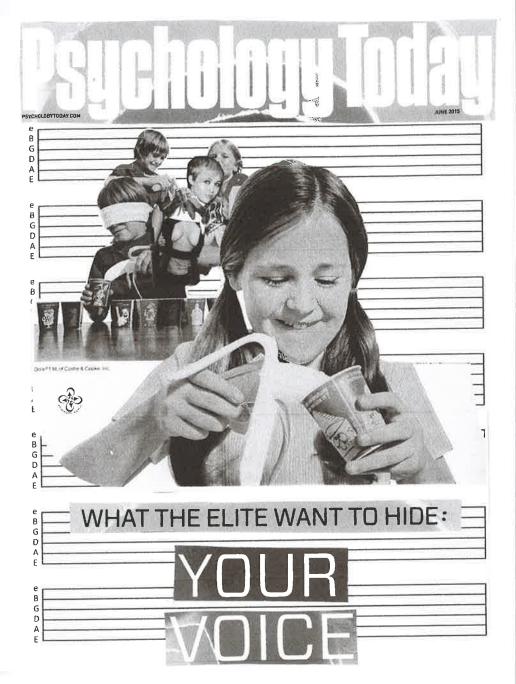
99 PROBLEMS BUT DOUBLE TROUBLE 00 SCARES SCARES NE!

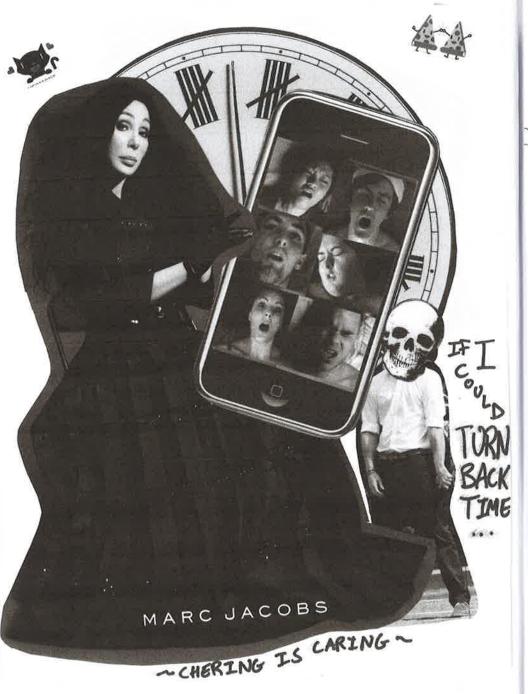
THES WITCHES AINT OYAL SOPER-DUPER-HO #HAPPY HAllOWEEN













IF YOU DIDN'T KNOW NOW YOU KNOW!

- R.RING/QUAILBONES Split 7" (2015, Sofaburn Records)
- · Hole Live Through This bootleg (Germany, 2014)

http://www.discogs.com/Hole-Live-Through-This/release/6463240

⊲⊲⊲ READ! ▷▷▷

- GRACE JONES I'll Never Write My Memoirs (2015, Gallery Books)
- RUPI KAUR Milk and Honey (2015, Andrews McMeel Publishing)

- · Aye Nako http://www.ayenako.org
- Shopping https://soundcloud.com/shoppingband
- Cándida Curtis-Cavazos http://www.candidathepoet.com/
- · Gel Set https://gelset.bandcamp.com/album/human-salad
- Lady Blade https://soundcloud.com/lady-blade-t313
- · Leggy http://leggy.bandcamp.com/
- Motherfucker http://motherfuckermotherfucker.bandcamp.com/
- Savages http://savagesband.com/

· A Girl Walks Home Alone at Night (2014)-

https://youtu.be/_YGmTdo3vuY

·The Babadook (2014) -

https://youtu.be/szaLnKNWC-U

· The House of the Devil (2009) -

https://youtu.be/6SOur3WwZvM

· It Follows (2014) -

https://youtu.be/HkZYbOHoujw

· The Stepford Wives (1975) -

https://youtu.be/Y9WOMDsMy78

- 10/31 Nightmare on Trumbull 2 @ UFO Factory, Detroit
- 10/31 Halloween @ Dreamland feat. THE CRYPTIC TRIPTYCH, THE WITCHES, DEAR
- DARKNESS, SPOOKY PANDEMONIUM & More!, Ypsilanti
- 10/31 Cheapy Creepy VIII @ Crofoot Complex, Pontiac
- 11/04 Diarrhea Planet/ Music Band @ UFO Factory, Detroit
- 11/04 Holly Golightly & the Brokeoffs (UK), Prude Boys, Moonwalks @ Small's, Hamtramck
- ${f 11/04}$ Double Winter Tape Release wsg Casual Sweetheart, Stef, Ryan Spencer at Kelly's, Hamtramck
- 11/06 Fred Thomas // Bonny Doon // Shells // Vesuvio Solo @ UFO Factory, Detroit
- 11/07 Nikki Lane // Clear Plastic Masks @ Marble Bar, Detroit
- 11/08 Video (TX) // Johnny Ill Band // Deadbeat Beat // Mahonies @ Marble Bar, Detroit
- 11/08 Mac Demarco // Alex Calder // The Courtneys @ Crofoot Ballroom, Pontiac
- 11/08 PeelanderZ @ Loving Touch, Ferndale
- 11/10 NOBUNNY @ UFO Factory, Detroit
- 11/10 Vånna Inget (SWEDEN), Junk Food Junkies, Flowers Bloom @ Trumbullplex, Detroit
- 11/11 Beirut @ Royal Oak Music Theater, Royal Oak
- 11/14 Javelins // Haunted House @ UFO Factory, Detroit
- 11/15 Frankie Cosmos // All Dogs @ Majestic Cafe, Detroit
- 11/15 Jonathan Richman feat. Tommy Larkin on the Drums @ Blind Pig, Ann Arbor
- 11/16 SERAPHINE OPEN MEETING! @ Lo & Behold, Hamtramck
- 11/16 Angel Haze @ The Loving Touch, Ferndale
- 11/18 The King Khan & BBQ Show // Milk Lines @ Majestic Café, Detroit
- 11/19 Micachu and the Shapes with 75 Dollar Bill @ MOCAD, Detroit
- 11/20 Seraphine Collective Presents: VALLEY HUSH // NUDIE SUITS (Baltimore) // CREEPERS (Baltimore) // RIVER SPIRIT @ Trumbullplex, Detroit
- 11/20 Sinkane // Steven A. Clark // Duane: The Brand New Dog @ Majestic Café, Detroit
- 11/21 Girls Rock Detroit Fall Fundraiser with MPV, Kate Peterson, The Gator, The Vulnerable @ PJ's Lager House, Detroit
- 11/21 ECHO FEST: Heaters, Mexican Knives, Friends Of Dennis Wilson, Isles Of ESP, Moonwalks, Heaven's Gateway Drugs, Oblisk, 800Beloved, Etc... @ The Loving Touch, Ferndale
- 11/22 U.S. Girls// Rebel Kind// Moonwalks @ Marble Bar, Detroit
- 11/24 So So Glos @ Marble Bar, Detroit
- 11/25 Frontier Ruckus // El Dee // Bonny Doon @ Marble Bar, Detroit
- 11/25 Danny Brown & Bruiser Brigade @ Majestic Theater, Detroit
- 12/01 Wildhoney // Froth @ UFO Factory, Detroit
- 12/02 Born Ruffians // Young Rival @ Loving Touch, Ferndale
- 12/03 Penny Stamps Speaker Series: Karen Finley Written in Sand @ Michigan Theater, Ann Arbor
- 12/06 Perfect Pussy // Fielded @ Majestic Cafe
- 12/08 Sleater-Kinney // Waxahatchee @ Royal Oak Music Theater, Royal Oak
- 12/12 Deerhunter // Atlas Sound @ Majestic Theater, Detroit
- $\bf 12/15$ Joanna Newsom // Alela Diane & Ryan Francesconi @ Royal Oak Music Theater, Royal Oak
- 4/5 Savages @ St. Andrew's Hall, Detroit